



Leadership • Collaboration • Support

**JOB TITLE: Mental Health and Wellness Clinician**

**CSEA Salary Schedule, Range 53**

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**DESCRIPTION OF BASIC FUNCTION AND RESPONSIBILITY**

The Mental Health and Wellness Clinician provides mental health (MH) and wellness clinical supports to students of all ages, primarily co-located at K-12 and/or adult education sites throughout Solano County.

**JOB REQUIREMENTS AND QUALIFICATIONS**

- Possession of a valid California driver's license.
- Possession of Master of Social Work, Master of Arts/Science in Counseling, Master of Arts/Science in Psychology, or PhD/PsyD from an accredited school of social work or psychology.
- Must have a valid registration or license with the California Board of Behavioral Sciences or Board of Psychology.
- Experience providing direct clinical services, to include conducting clinical assessments and providing individual/group/family counseling.
- Knowledge of trauma and attachment informed clinical practice.
- Understanding of basic theoretical and developmental principles of children and adolescents.
- Experience in providing clinical services to a diverse range of individuals.
- Experience and knowledge in comprehensive documentation standards.
- Ability to understand and communicate effectively with other cultures.

## **ESSENTIAL DUTIES**

Clinicians provide a range of mental health services to include:

- Behavioral Health Screenings
- Clinical Assessments
- Development of Client Service Plans
- Individual and Group Counseling
- Collateral contact with family
- Case Management
- Crisis Intervention and Risk Assessment
- Safety Planning

Additionally, the Mental Health and Wellness Clinician supports prevention and early intervention activities to include:

- Participation in provision of Universal Screening at school sites
- Social Emotional Learning workshops (whole classroom and/or small group)
- Psychoeducational Workshops
- Leading Suicide Prevention and Stigma Reduction Trainings for students/educators/parents and guardians/whole community

## **MARGINAL DUTIES**

- Perform related duties as required.

## **SUPERVISION RECEIVED**

The MH and Wellness Clinician participates in on-going individual and group supervision to ensure they are grounded in the legal and ethical standards that guide the profession. Regular discussions of client care, as well as review of clinical documentation occur on a weekly basis. The supervision for those who are registered with the Board of Behavioral Sciences (BBS) and accumulating hours towards licensure is offered according to the BBS requirements.

## **SUPERVISION EXERCISED**

None.

## PHYSICAL ACTIVITY REQUIREMENTS

Work Position (percentage of Time):

Standing (25%)

Walking (35%)

Sitting (40%)

Body Movement (frequency):

None (0)

Limited (1)

Occasional (2)

Frequent (3)

Very Frequent (4)

Lifting – lbs. (0-4)

Lifting (2)

Bending (3)

Pushing and/or  
pulling loads (3)

Reaching  
overhead (2)

Kneeling or  
squatting (3)

Climbing Stairs (3)

Climbing Ladders (1)